



August 2026

Central A&M High School MENU



Powering
potential.

Offered Daily @ Breakfast

- Fresh Fruit
- 1% White Milk or Chocolate Milk
- 100% Fruit Juice
- Assorted Cereals
- Pop-Tarts
- Donuts
- Benefit Bars
- Breakfast Bread
- Mini Strawberry Bagels
- Muffins

Offered Daily @ Lunch

- Pizza
- Cheeseburger
- Chicken Sandwich
- Spicy Chicken Sandwich
- Sun Butter & Jelly Sandwich
- Salad
- Tots or Fries
- MTO Mexican Bar

MON	TUES	WED	THURS	FRI
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
	<u>Egg & Cheese Croissant</u> 	<u>Country Chicken Biscuit</u> A. Spaghetti w/ Beef Sauce B. BBQ Chicken Sandwich C. Cheese Pizza D. Ham Chef Salad	<u>Sausage & Cheese English Muffin</u> A. Biscuit w/ Sausage Gravy B. Chicken Ranch Flatbread C. BBQ Chicken Pizza D. Baja Salad	<u>Homemade Blueberry Muffin Square</u> A. Buffalo Ranch Chicken Bowl B. Grilled Cheese C. Variety Pizza D. Turkey Chef Salad
<u>Biscuits & Gravy</u> A. Breaded Chicken Sandwich w/ Raiders Sauce B. Hot Dog C. Cheese Pizza D. Egg Chef Salad	<u>Breakfast Pizza</u> A. Turkey Barbacoa Soft Tacos B. Three Cheese Mac & Cheese C. Pepperoni Pizza D. Romaine & Cheese Salad	<u>Double Chocolate Donut Holes</u> A. Orange Glazed Popcorn Chicken w/ Rice B. Mini Corn Dogs C. Cheese Pizza D. Apple, Cheese & Yogurt	<u>Egg & Cheese Croissant</u> A. French Toast Sticks w/ Sausage Patties B. Grilled Cheese C. Chicken Mac & Cheese Pizza D. Pretzel, Cheese & Yogurt	<u>Homemade Apple Cinnamon Muffin Square</u> A. Tater Tot Nachos B. Chicken Tenders C. Variety Pizza D. Italian Salad
<u>Pancakes</u> A. Cheese Pizza Max Sticks B. Mc. Ribb C. Cheese Pizza D. Romaine & Cheese Salad				

Menus are subject to change.



All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.